

HAT GUIDELINES

The hat should sit comfortably on the head with a brim that provides shade over the nose, ears and back of the neck. With daily use, the hat should last for 12 months.



STANDARDS

Whether the hat is expensive felt, stylish lauhala, or low cost fabric, the following criteria are recommended to ensure adequate protection:

1. Made of close weave material that does not allow sunlight through.
2. Brim should be made of stiffened material and be a minimum width of 2½ inches for smaller sized, children's hats and 3½ - 4 inches for larger sized adult's hats. No side press studs, clips, velcro attached for raising the flap.
3. A legionnaire style hat must have the following features:
 - Front peak a minimum of 2½ inches to shade the face and nose
 - A one-piece back flap to protect the back of the neck
 - The side of the flap should extend to cover the ears and neck
 - No velcro, clips or press studs for raising the flap
4. Hats should be available in a range of sizes to fit your head.

DID YOU KNOW THAT?

1. Hats provide about 50% protection from direct sun exposure to the face; therefore apply sunscreen of at least SPF 30 or more.
2. Ultraviolet radiation (UVR) is most reflected from surfaces such as concrete, sand, water, snow, glass windows and buildings.
3. A baseball cap offers little sun protection to the ears, neck and cheeks. A broad brimmed hat protects these areas the best.